

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2016

3 WEST LIFE ENRICHMENT CALENDAR

Independent Activities 1



Custodial Workers Day 2
11:00-11:45 Holy Communion & Sunday Service with Chaplain Kingery (Chapel)
 2:30-3:30 Sunday Sing-A-Long (3W)

(Independent Morning Activities) 3
 10:00-12:00 Shopping at Walmart \$
 3:00-4:00 Homemade Pumpkin Fluff & Ball Toss
Rosh Hashanah

10:00-10:30 Piano Sing-a-Long (3E) 4
11:00-1:00 Italian Tuesday Picnic (Goose & Gander Café)
 3:00-4:00 Bingo
 5:30 Pet Visits with Gabby
 7:00 Records with Kenneth

10:30-11:00 Morning Exercise & Stretching 5
 3:00 Food Committee Meeting
3:00-4:30 Breast Cancer Awareness Bracelets & Pumpkin Jewelry (3E)
 7:00 New Life Church

10:30-11:30 Creepy Manicures 6
 3:00-3:45 FP Ministries (3E)
3:00-4:00 Therapeutic Reminiscing


9:30-10:00 Traveling Brain Teasers & Puzzles 7
10:30-12:30 K&W Cafeteria Lunch Outing
2:00-4:00 Autumn Leisure Ride
 2:30-4:00 Paint Club with Rachael (3E)

Morning Independent Activities 8
2:30-4:00 Roanoke County Cheerleaders Perform (3E)


11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) 9
 2:30-3:30 Sunday Sing-A-Long (3W)


10:00-12:00 Shopping At Dollar Tree \$ 10
 10:30-11:30 Table Ball & Smoothies with Ayla (4E)
 2:30-3:30 Devotions with Bobby (4E)
4:00-4:30 Traveling Puzzles
7:00 Out of the Kitchen Band
Columbus Day (US)
 Thanksgiving Day (Canada)

10:30-11:30 Haunting Music & Colorful Creations 11
 3:00-4:00 Bingo with Pumpkin Spiced Coffee
 5:30 Pet Visits with Gabby
 7:00 Records with Kenneth

10:30-11:30 Homemade Pumpkin Stress Balls 12
 3:00-4:00 Fall Wreaths Craft
 7:00 Elliston Baptist Church

Yom Kippur

10:30-11:30 Haunted Manicures 13
 10:30-11:30 Men's Club with Mark
 3:00-3:45 FP Ministries (3E)
 4:00-4:30 Traveling Hand Massages with Troy (3E)

10:30-11:00 Monster Mash Exercise Routine 14
1:30-4:00 Men's Club Outing
 2:30-3:30 Resident Council
 3:00-4:00 Chocolate Covered Peanut Butter Crackers (3E)


Morning Independent Activities 15
3:00-4:00 "I Love Lucy" Trivia & TV Marathon with Troy (3E)

11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) 16
 2:30-3:30 Sunday Sing-A-Long (3W)

10:30-11:30 Baking Carmel Apple Cake & Roll a Pumpkin Game 17
 2:00-4:00 Shopping at Walmart \$
 2:30-4:30 Afternoon Scary Movie (3E)
Sukkot

10:30-11:30 Apple Cider Hydration Cart & Puzzles 18
 3:00-4:00 Bingo
 5:30 Pet Visits with Gabby
 7:00 Records with Kenneth

10:30-11:30 October Birthday's Breakfast with Marc Baskind 19
3:00-4:00 Stand Alone Ghosts Craft
 7:00 Mount Calvary

10:30-11:30 Ghoulish Manicures 20
 3:00-3:45 FP Ministries (3E)
 4:00-4:30 Spooky Short Stories with Troy (3E)

10:00-12:00 Fall Foliage Leisure Ride 21
 10:30-11:30 Traveling Manicures
 2:30-4:00 "Paint Nite" with Sam

Morning Independent Activities 22
3:00-4:00 Coffee Filter Bats Craft with Sam


11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) 23
 2:30-3:30 Sunday Sing-A-Long (3W)

10:30-11:30 Monster Myths & Ghost Lollipops 24
 2:30-3:30 Devotions with Bobby (4E)
3:00-4:00 Homemade Pumpkin Ice Cream (3E)

(Activity Planning Morning) BOO 25
 3:00-4:00 Bingo
 5:30 Pet Visits with Gabby
 7:00 Records with Kenneth


10:30-11:30 Makin' Trick or Treat Bags 26
 2:30-4:00 Relaxing Spa Day & Pumpkin Spice Treats (3E)

10:30-11:30 Spooky Manicures 27
 10:30-11:30 Men's Club with Mark (3E)
 3:00-3:45 FP Ministries (3E)
 4:00-4:30 Traveling Halloween Trivia with Troy (3E)
 7:00 Hanging Rock Ramblers Band

10:30-11:30 Decorating Halloween Masks & Costumes (3E) 28
2:30-4:00 Costume Fashion Show & Halloween Bash (Café)

10:00-12:00 Morning Movie: The Great Pumpkin Charlie Brown (4E) 29
3:00-4:00 Spooky Halloween Craft with Ayla (4E)

11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) 30
 2:30-3:30 Sunday Sing-A-Long (3W)

(Independent Morning Activities) 31
 2:00-4:00 Afternoon Movie: Young Frankenstein & Carving Pumpkins (3E)
6:00-8:00 Trick or Treat (Front Lobby)
Halloween



****All Activities will be held in the 3 West dayroom unless noted otherwise****

Please Contact Sam Washburn or Mark Guerry for any questions or concerns! swashburn@richfieldliving.com or mguerry@richfieldliving.com

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

OCTOBER 2016

3E RRCC Life Enrichment Calendar



Independent Activities

11:00-11:45 Holy Communion & Sunday Service with Chaplain Kingery (Chapel) **2**
 2:30-3:30 Sunday Sing-A-Long (3W)



Peanuts Day

10:00-12:00 Shopping at Walmart \$ **3**
 10:30-11:30 Independent Word Puzzles (Located at Nursing Station)
3:00-4:00 Pumpkin Fluff Social & Ball Toss (3W)

Rosh Hashanah

10:00-10:30 Piano Sing-a-longs (3E) **4**
11:00-1:00 Italian Tuesday (Goose & Gander Café)
3:00-4:00 Bingo
4:00-4:30 Traveling Stories
 5:30 Pet Visits with Gabby
7:00 Records with Kenneth (3W)

10:30-11:00 Ball Toss **5**
11:00-11:30 Musical Mornings with Rachael
 3:00-4:00 Food Committee Meeting (3W)
3:00-4:30 Breast Cancer Awareness & Pumpkin Themed Jewelry
 7:00 New Life Church (3W)

10:30-11:30 Manicures (3W) **6**
3:00-3:45 FP Ministries
3:00-4:00 Therapeutic Reminiscing (3W)



9:45-10:15 Traveling Word Puzzles **7**
10:30-12: Lunch Outing: K&W Café
2:00-4:00 Autumn Leisure Ride
2:30-4:00 Paint Club: Pumpkin Collages with Rachael

2:30-4:00 Roanoke County Cheerleaders Performance **8**



11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) **9**
 2:30-3:30 Sunday Sing-A-Long (3W)



Leaf & Leaf Day

10:00-12:00 Shopping at Dollar Tree **10**
 10:30-11:30 Table Ball & Smoothies With Ayla (4E)
2:30-3:30 Devotions with Bobby (4E)
 7:00 Out of the Kitchen Band (3W)
Columbus Day (US)
Thanksgiving Day (Canada)

10:30-11:30 Morning Inspirations with Apple Cider & Donuts **11**
3:00-4:00 Bingo
4:00-4:30 Traveling Hand Massages
 5:30 Pet Visits with Gabby
7:00 Records with Kenneth (3W)

10:30-11:30 Homemade Stress Balls **12**
2:30-4:00 Jack O' Lantern Craft
 7:00 Elliston Baptist (3W)
Yom Kippur



10:30-11:30 Manicures (3W) **13**
10:30-11:30 Men's Club with Mark
3:00-3:45 FP Ministries
 4:00-4:30 Traveling Hand Massages

10:30-11:30 Frankenstein Sun Catchers **14**
1:30-4:00 Men's Club Outing
2:30-3:30 Resident Council (3W)
3:00-4:00 Chocolate Covered Crackers with Sam (3E)

3:00-4:00 "I Love Lucy" Trivia & Marathon with Troy (3E) **15**



11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) **16**
 2:30-3:30 Sunday Sing-A-Long (3W)



Dictionary Day

10:30-11:30 Baking Caramel Apple Cake & Roll a Pumpkin (3W) **17**
2:00-4:00 Shopping at Walmart \$
 2:00-4:00 Afternoon Matinee: Haunted Mansion
Sukkot

10:30-11:30 Fall Recipes: No Bake Pumpkin Cheesecake **18**
3:00-4:00 Bingo & Pumpkin Social
4:00-4:30 Traveling Hand Massages
 5:30 Pet Visits with Gabby
7:00 Records with Kenneth

10:30-11:00 Ball Toss **19**
11:00-11:30 Musical Mornings with Rachael
3:00-4:00 October's Pumpkin Birthday Party
 7:00 Mount Calvary (3W)



10:30-11:30 Manicures (3W) **20**
 3:00-3:45 FP Ministries
 4:00-4:30 Spooky Short Stories



10:30-12:30 Fall Foliage Leisure Ride **21**
10:30-11:30 Traveling Manicures with Sam
3:00-4:00 Tin Can Ghost Craft with Troy

3:00-4:00 Coffee Filter Bats with Sam (3W) **22**



11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) **23**
 2:30-3:30 Sunday Sing-A-Long (3W)



Eatin' Pumpkin Day

10:30-11:30 Trick or Treat Bags for Children **24**
2:30-3:30 Devotions with Bobby (4E)
 3:00-4:00 Homemade Pumpkin Ice Cream & Colorful Halloween Creations (3W)

(Activity Planning Morning) **25**
3:00-4:00 Halloween Bingo
4:00-4:30 Traveling Hand Massages
 5:30 Pet Visits with Gabby
7:00 Records with Kenneth (3W)

10:30-11:30 Decorating Mini Pumpkins **26**
2:30-4:00 Relaxing Spa Day & Pumpkin Spice Treats



10:30-11:30 Spooky Manicures (3W) **27**
10:30-11:30 Men's Club
3:00-3:45 FP Ministries
 4:00-4:30 Traveling Halloween Trivia
7:00 Hanging Rock Ramblers (3W)

10:30-11:30 Decorating Halloween Masks/Costumes **28**
3:00-4:00 Costume Fashion Show & Halloween Bash (Café)



3:00-4:00 Halloween Craft with Ayla (4E) **29**



11:00-11:45 Sunday Service with Chaplain Kingery (Chapel) **30**
 2:30-3:30 Sunday Sing-A-Long (3W)



Candy Corn Day

Morning Independent Activities **31**
 2:00-4:00 Afternoon Movie: Young Frankenstein & Carving Pumpkins
 6:00-8:00 Trick or Treat (Front Lobby)



**** Family & Friends are invited to all activities ****

All Activities are located in the 3E dayroom unless noted otherwise 😊